



Christian Life Academy

October 2023 Lunch Order Form

Alleycat

CATERING

Name: _____ Grade: _____

Please list any food allergies: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Fish Sticks & Vegetable Fried Rice Served with Dessert	3 Crunchy Tacos with Beef, Lettuce, Cheese & Sour Cream. Served with Fruit	4 Indian Butter Chicken (not spicy) Served on a Bed of Rice Served with Dessert	5 Chicken Nuggets & Potato Wedges, Veggie Sticks & Ranch Dip. Served with Fruit	6 Pepperoni Pizza Quesadillas, Veggie Sticks & Ranch Dip. Served with Dessert.
9 NO SCHOOL COLUMBUS DAY	10 Soft Tacos with Beef, Lettuce, Cheese & Sour Cream. Served with Fruit	11 Pasta Alfredo & a Small Salad. Served with Dessert	12 Pancakes & Bacon. Served with Fruit	13 Ground Beef Stroganoff on Butter Noodles with a Veg. Served with Dessert.
16 Pasta with a Creamy Chicken Sauce. Served with Dessert	17 Crunchy Tacos with Beef, Lettuce, Cheese & Sour Cream. Served with Fruit	18 Parmesan Buttery Spaghetti & a small salad Served with Dessert	19 Chicken Nuggets & Potato Wedges, Veggie Sticks & Ranch Dip. Served with Fruit	20 Chicken Teriyaki Rice Bowl. Served with Dessert
23 Big Mac Bowl. Served with Dessert	24 Soft Tacos with Beef, Lettuce, Cheese & Sour Cream. Served with Fruit	25 Pepperoni Pizza Quesadillas, Veggie Sticks & Ranch Dip. Served with Dessert.	26 Mac 'n Cheese & Broccoli. Served with Fruit	27 NO SCHOOL (PROFESSIONAL DEVELOPMENT)
30 Cheesy Broccoli Soup & a Biscuit. Served with Dessert	31 Crunchy Tacos with Beef, Lettuce, Cheese & Sour Cream. Served with Fruit			QUESTIONS? allimorgan68@gmail.com PH: 203-512-5214

Lunch includes the daily entrée, drink & fruit or a dessert.

Please circle on the above calendar the days you would like your child to have lunch.

→ Total number of days selected: _____ x \$5.00 = Total cost \$ _____

Beverage is included with meal. Order separately here ONLY if you are not also purchasing food.

→ Water - Number of days selected: _____ x \$0.50 = Total cost \$ _____

→ Juice - Number of days selected: _____ x \$1.00 = Total cost \$ _____

PLEASE RETURN THIS FORM TO THE SCHOOL BY THURSDAY, SEPTEMBER 28th

Make Checks Payable to "Alleycat Catering".

If Not Ordering In Advance, Meals May Be Purchased On The Day For \$6.00-To order: Text only 203-512-5214

Payment Type: Cash: \$ _____	Check: # _____
<u>Please note *\$20.00 return check fee*</u>	

PLEASE NOTE: Credits will be issued for paid lunches only on snow days or days that are cancelled by the school. A credit will not be issued for student absences/tardies, as food is purchased ahead of time.

Alleycat

CATERING

READ UP ON A FEW OF OUR DISHES THIS MONTH

Big Mac in a Bowl – A delicious, healthy salad that tastes just like a Big Mac without the bun. Ground beef, cheese and delicious “special sauce”. *You’ll love it!*

Indian Butter Chicken – Chicken cooked in the fragrant tastes of India (but not too spicy) – ginger, garlic, turmeric, garam masala and cumin, lathered in a lemony yogurt sauce.

Chicken Teriyaki Rice Bowl – Tender pieces of stir-fry chicken covered with a sweet soy sauce glaze, served on a bed of rice and vegetables.

Alleycat

CATERING

Dear CLA parents

My name is Alli, and I'm the owner of Alleycat Catering. I provided the CLA hot lunch program for 9+ years up until the Covid pandemic. That very difficult season made the program impossible to run, and so we had no choice but to close it down.

This Fall, however, we are excited to be back and to commence our 10th year!

A little information about me. I was born and raised in Australia where, after a four-year working apprenticeship and trade college, I qualified as a chef and then worked in several restaurants, including one of the largest department stores in Melbourne.

I am passionate about good nutrition for our own family, and a big believer in the truth of what ancient Hippocrates said: *"Let food be thy medicine, or medicine will be thy food."* I believe that, working together, we can encourage all our children to love eating well.

My husband and I have 6 children, all of whom have been students at CLA! 4 have graduated, with 2 enrolled for 2023-2024. We *love* our school.

It is always such a joy to have the support of parents and staff so that I can serve you and your children the best way possible. I know how much we all look forward to the new school year, and I can't wait to see all the little faces once again.

Love and blessings,

Alli Morgan,
Alleycat Catering.